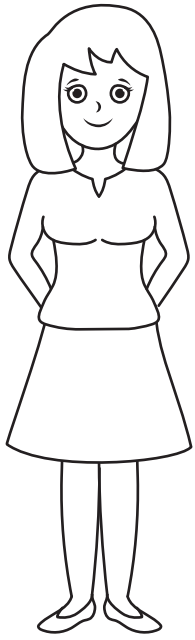


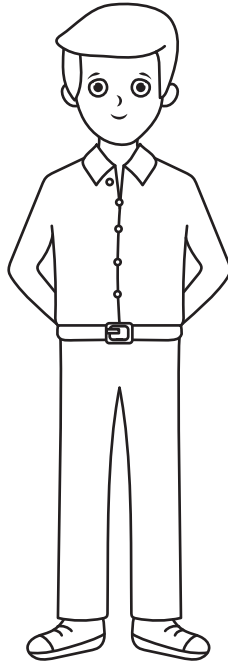
# My Safety Network

Everyone has at least one or two adult people that they can talk with when they feel scared or uncomfortable. Grown ups you can talk with, who will listen and believe you, are also called people you can trust.

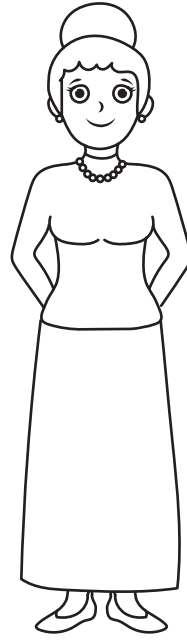
Look at the people below and circle the one, two (or more) who YOU trust. The people your circle will be your safety network. If you ever feel scared of uncomfortable, find one of the people you circled and talk with them about your feelings.



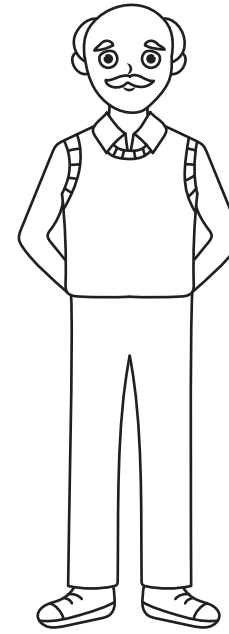
**Mom**



**Dad**



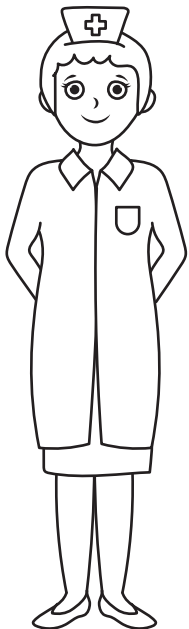
**Grandma**



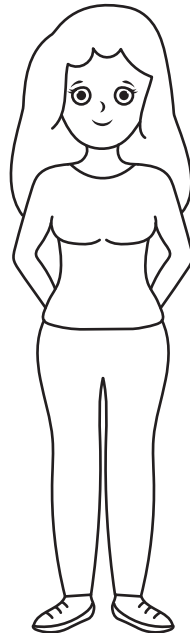
**Grandpa**



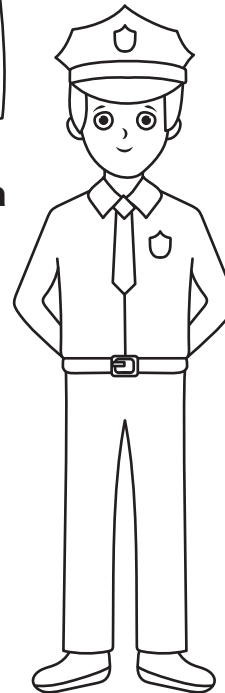
**Teacher**



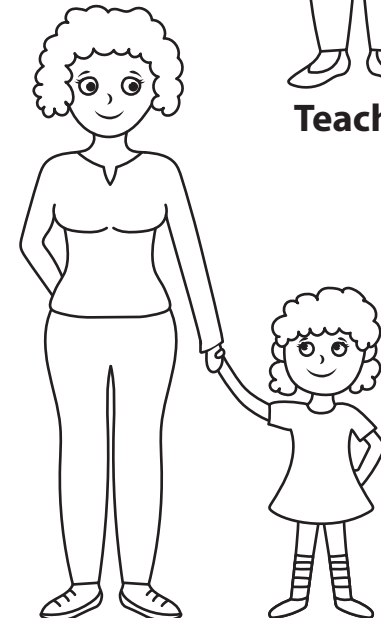
**School Nurse**



**Babysitter**



**Police Officer**



**Your friend's mom or dad**